Oral Health Care During COVID-19

Prioritize care that was previously postponed especially for conditions likely to lead to dental emergencies if treatment continues to be deferred.

Examples of a dental emergency
- One or more broken teeth
- Bleeding in the mouth that doesn’t stop
- Pain and swelling in and or around your mouth

Selected dental care you should have taken care of at this time
- Maintenance of braces
- Initial and recall dental exams
- Silver diamine fluoride placements
- Fluoride varnish

Dental care that can be rescheduled, whenever possible, to avoid aerosol-generating procedures
- Implants
- Silver and white fillings
- Crowns

Need to see a dentist?
- Call your dentist’s office first
- Tell him/her your dental issue
- Follow your dentist’s instructions

Resources
- Dental Smile California: 1-800-322-6384 or www.smilecalifornia.org
- DHCS Medi-Cal Dental: If you have a dental emergency during COVID-19 restrictions, call 1-800-322-6384 for assistance or visit their website for locations: https://dental.dhcs.ca.gov/Beneficiaries/Denti-Cal/COVID-19_Emergency_Locations/
- 211 LA: A free, confidential referral and information helpline. Call: 2-1-1 or Visit: https://www.211la.org/
- LAC DPH Oral Health Program: http://ph.lacounty.gov/ohp

Keep your mouth healthy
- Always wash your hands before and after brushing and flossing
- Brush your teeth twice a day with fluoridated toothpaste and floss daily
- Make healthy food and drink choices
- Do not share utensils, straws, toothbrushes, or food nor put your hands in your mouth

www.ph.lacounty.gov/coronavirus
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