COVID-19 Best Practices for Infection Prevention and Control in Congregate Residential Care Facilities

This poster features key points from “Guidance for Congregate Residential Facilities”
It is not a replacement for the guidance, the full set of recommendations specified in the guidance should be followed.

1. Reducing risk of infection
   - Post signs on infection prevention measures (See DPH COVID-19 Provider Hub: [print materials](https://publichealth.lacounty.gov/acd/ncorona2019/healthfacilities/ccf/)).
   - Continually reinforce hand hygiene, physical distancing, and face coverings.
   - Screen everyone entering the facility for COVID-19 symptoms (fever, cough, sneezing, etc.) and check temperatures per LAC DPH guidance. Anyone with a fever or COVID-19 symptoms may not enter. Assess all residents at least once a day for symptoms if able, and check temperature every 12 hours in care giving facilities. Remind residents to report new symptoms to staff.
   - Rearrange common areas to make physical distancing easier. Restrict communal dining and activities per LAC DPH guidance. Face coverings must be worn when not eating. Do not share cups, utensils, food, or drinks.
   - Restrict visitation in the facility per LAC DPH guidance.
   - All residents in the facility should wear a face covering unless not recommended. Staff and visitors must wear a face covering, surgical mask, or N95 respirator, as appropriate.

2. Testing for COVID-19
   - Use [Laboratories Providing Diagnostic Testing](https://publichealth.lacounty.gov/acd/ncorona2019/healthfacilities/ccf/) to find a lab.
   - Participate in LAC DPH Congregate Residential Care COVID-19 Testing Support and Capacity Building Program for on-site testing training plus connection to a lab.
   - Follow LAC DPH testing recommendations on testing staff and residents.

3. Isolation and quarantine
   - Isolate COVID-19 positive residents in their rooms or isolation areas or in cohorts with other COVID-19 positive residents (Red Zone). Have dedicated staff to prevent spread of infection to other areas.
   - Implement surveillance and response testing per LAC DPH guidance.
   - Institute quarantine for 14 days for residents (Yellow Zone) or staff who have been in close contact with a COVID-19 positive resident or staff per LAC DPH guidance.

4. Personal protective equipment
   - Post signs on the proper donning and doffing of PPE.
   - Follow LAC DPH guidance on PPE requirements for different categories of residents.

5. Sanitation
   - Clean with EPA approved disinfectants, using product instructions and LAC DPH cleaning guidelines.
   - Provide adequate and easily accessible handwashing stations with paper towels and tissues, as well as alcohol-based hand sanitizer dispensers.

6. Travel
   - Attempt to keep travel restricted to medically essential trips but allow outings with family/friends with appropriate universal source control reminders. Alert transportation, driver, and destination of patient’s COVID-19 status. Patient, driver, and any escorts must wear face coverings.

For specific information on each of these recommendations, please see the Guidance for Congregate Residential Facilities on the DPH COVID-19 Community Care Facilities webpage ([publichealth.lacounty.gov/acd/ncorona2019/healthfacilities/ccf/](https://publichealth.lacounty.gov/acd/ncorona2019/healthfacilities/ccf/)) or scan the QR code to the right.