

# COVID-19 Best Practices for Infection Prevention and Control in Congregate Residential Care Facilities

This poster features key points from “[Guidance for Congregate Residential Facilities](#)”  
It is not a replacement for the guidance, the full set of recommendations specified in the guidance should be followed.

## 1. Reducing risk of infection



- Post signs on infection prevention measures (See DPH COVID-19 Provider Hub: [print materials](#)).
- Continually reinforce hand hygiene, physical distancing, and face coverings.
- Screen everyone entering the facility for COVID-19 symptoms (fever, cough, sneezing, etc.) and check temperatures per LAC DPH [guidance](#). Anyone with a fever or COVID-19 symptoms may not enter. Assess all residents at least once a day for symptoms if able, and check temperature every 12 hours in care giving facilities. Remind residents to report new symptoms to staff.
- Rearrange common areas to make physical distancing easier. Restrict communal dining and activities per LAC DPH [guidance](#). Face coverings must be worn when not eating. Do not share cups, utensils, food, or drinks.
- Restrict visitation in the facility per LAC DPH [guidance](#).
- All residents in the facility should wear a face covering unless [not recommended](#). Staff and visitors must wear a face covering, surgical mask, or N95 respirator, as appropriate.

## 2. Testing for COVID-19



- Use [Laboratories Providing Diagnostic Testing](#) to find a lab.
- Participate in LAC DPH Congregate Residential Care COVID-19 Testing Support and Capacity Building Program for on-site testing training plus connection to a lab.
- Follow LAC DPH [testing](#) recommendations on testing staff and residents.

## 3. Isolation and quarantine



- Isolate COVID-19 positive residents in their rooms or isolation areas or in cohorts with other COVID-19 positive residents (Red Zone). Have dedicated staff to prevent spread of infection to other areas.
- Implement surveillance and response testing per LAC DPH [guidance](#).
- Institute quarantine for 14 days for residents (Yellow Zone) or staff who have been in close contact with a COVID-19 positive resident or staff per LAC DPH [guidance](#).

## 4. Personal protective equipment



- Post [signs](#) on the proper donning and doffing of PPE.
- Follow LAC DPH [guidance](#) on PPE requirements for different categories of residents.

## 5. Sanitation



- Clean with [EPA](#) approved disinfectants, using product instructions and LAC DPH [cleaning guidelines](#).
- Provide adequate and easily accessible handwashing stations with paper towels and tissues, as well as alcohol-based hand sanitizer dispensers.

## 6. Travel



- Attempt to keep travel restricted to medically essential trips but allow outings with family/friends with appropriate universal source control reminders. Alert transportation, driver, and destination of patient’s COVID-19 status. Patient, driver, and any escorts must wear face coverings.

For specific information on each of these recommendations, please see the *Guidance for Congregate Residential Facilities* on the DPH COVID-19 Community Care Facilities webpage ([publichealth.lacounty.gov/acd/ncorona2019/healthfacilities/ccf/](http://publichealth.lacounty.gov/acd/ncorona2019/healthfacilities/ccf/)) or scan the QR code to the right.

