



COVID-19: Prevention and Control in Ambulance Quarters

This guidance contains information on infection control to help keep responders and everyone they support safe.

Universal Source Control

Wash your hands often with soap and water for at least 20 seconds.



If soap and water are not readily available, use hand sanitizer with at least 60% alcohol.

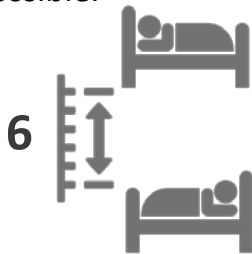


Universal face covering at all times while at work and in the field.

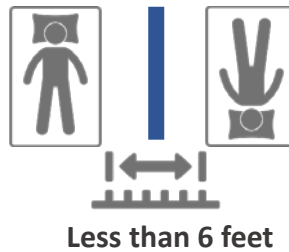


Physical Distancing in Shared Spaces

In shared rooms, beds should be placed at least 6 feet apart, when possible, and positioned head-to-toe, with heads positioned as far apart as possible.



Consider placing partitions* between beds when 6 feet is not possible. Ensure personnel laying position is head to toe.



Limit time and number of people in common rooms. Set up rooms so chairs are separated by 6 or more feet and facing away from one another, with easy access to tissues, hand sanitizer, and a nearby sink to wash hands.



*Partitions must be reviewed. The review can be expedited by contacting the OSHPD Area Compliance Officer. Any partitions must be easy to tear down or remove in the event of a fire or other disaster. Sprinklers cannot be obstructed. An air balance report must be provided to OSHPD.

Monitoring of All Personnel

Personnel should self-monitor for possible symptoms of COVID-19 twice a day. The first time before coming to work and the second ideally timed approximately 12 hours later.

Personnel who develop a fever, cough, or shortness of breath should contact their place of work immediately and must isolate at home. Do not work while sick.

