

Antibiotic Resistance: What You Need to Know



1

Antibiotic Resistance Cannot Be Easily Solved, Here's Why:



**The more we use antibiotics,
the less they work.**

Bacteria learn to resist them. Using antibiotics only when needed helps keep them working.



**There aren't many new antibiotics
because drug companies aren't
making them fast enough to keep up with
bacteria that are becoming resistant.**

Without new, more effective antibiotics, some common infections may become life-threatening.



**Bacteria can spread to people around
you through touching hands or
common surfaces.**

This can happen quietly, and you won't know when it happens.



**Many people take antibiotics when
they don't need them.**

Taking antibiotics too often makes bacteria resistant and doesn't help you get better.



2

Antibiotic Resistance Can Be Managed, Here's How:

We must use antibiotics wisely — only when really needed — to help keep them working in the future for everyone.

3

Fighting Antibiotic Resistance Takes All of Us! Here's What You Can Do:

- ❌ Don't ask for antibiotics if your doctor says you don't need them.
- ❌ Don't share your antibiotics with others or save them for later.
- ❌ Don't take antibiotics that someone else gives you.
- ✅ Practice good hand hygiene.
- ✅ Stay home when you're sick with an infection.

