Choose Health LA Moms

Text LAMOMS to 55000*

1. Text LAMOMS to 55000*

2. Choose a language & start receiving messages

3. Click on the link to read more

LA MOMS: Welcome to Choose Health LA Moms! For English reply ENGLISH. Bienvenido a Choose Health LA Moms! Para Español, responda ESPAÑOL. Reply STOP to Cancel

LA MOMS: Thanks for choosing a language and taking the first step to a healthier you. Your messages will begin soon! a.zip.ma/2oGs Reply STOP to Cancel

LA MOMS: Breastfeeding Week 1: Learn why breastfeeding is the healthiest option for both you and your baby. a.zip.ma/2oGs Reply STOP to Cancel

* Message and data rates may apply

ph.lacounty.gov/LAMoms