

Postpartum Health by Service Planning Area	2017-2019																							
	Antelope Valley SPA 1			San Fernando SPA 2			San Gabriel SPA 3			Metro SPA 4			West SPA 5			South SPA 6			East SPA 7			South Bay SPA 8		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Maternal Postpartum Health																								
Had a postpartum check-up	75.9	(61.5-90.3)	129	88.2	(82.3-94.1)	428	89.0	(83.6-94.5)	432	90.8	(83.5-98)	227	96.4	(89.5-100)	102	71.4	(62-80.9)	386	91.1	(84.8-97.5)	368	89.5	(82.2-96.8)	353
Family planning discussed during postpartum check-up	84.1	(71.8-96.4)	106	77.6	(68.7-86.4)	325	78.4	(69.9-86.9)	325	71.0	(58.1-83.9)	158	63.7	(45.5-81.9)	63	82.2	(73.6-90.8)	320	81.2	(72.2-90.1)	297	71.3	(58.9-83.8)	252
Currently using birth control ¹⁶	54.6	(38.3-71)	93	36.7	(27.2-46.2)	176	46.4	(36.8-56)	224	39.3	(26.5-52)	98	29.6*	(12.3-46.8)	32	34.7	(24.9-44.5)	183	29.6	(19.7-39.6)	118	41.1	(28.3-53.9)	162
Currently pregnant ¹⁷	18.0*	(4.2-31.8)	31																					
Self-reported Postpartum Depression																								
Postpartum depression ¹⁸	44.8	(28.3-61.4)	74	53.1	(43.1-63)	244	49.0	(39.3-58.7)	233	50.0	(36.5-63.4)	126	64.8	(47.6-81.9)	70	53.6	(43.5-63.7)	296	44.6	(33.1-56.2)	175	50.0	(37.1-62.9)	195
Grief and Bereavement Support																								
Offered information on support groups/individual counseling	90.8	(82.1-99.5)	154	89.4	(83.9-94.8)	435	86.1	(79.1-93)	402	93.1	(86.4-99.8)	237	91.6	(82.8-100)	99	82.6	(75.3-89.8)	464	81.7	(73.4-90)	328	81.6	(70.2-93)	316
Attended a support group	38.9*	(12.2-65.6)	22	39.0	(24.6-53.5)	89	41.5	(24.5-58.4)	62	53.4*	(26.2-80.7)	36	37.2*	(9.6-64.8)	18	11.6*	(1-22.3)	15	28.0*	(13.2-42.9)	38	41.6	(22.5-60.7)	71
Found the support group helpful	76.7	(36.6-100)	13	88.1	(74.8-100)	78	92.6	(78.4-100)	57	77.7	(52.7-100)	28	66.8*	(27-100)	12	72.7*	(27.7-100)	11	74.6*	(48.9-100)	29	79.2	(60.1-98.4)	56
Attended individual counseling	49.9*	(22.5-77.2)	28	73.7	(62.3-85.1)	192	69.9	(55.3-84.4)	129	80.0	(61.8-98.2)	91	87.6	(71.5-100)	60	39.2	(24-54.4)	88	54.1	(35.5-72.7)	87	57.2	(39.5-75)	108
Found individual counseling helpful	74.1	(42.3-100)	21	80.1	(67.8-92.5)	150	87.3	(74.9-99.7)	111	76.1	(57.9-94.4)	70	92.9	(82.9-100)	56	69.5	(43.2-95.8)	53	78.7	(60.9-96.4)	63	82.5	(60-100)	89
Religion provided bereavement support	30.2*	(13.9-46.5)	49	43.6	(32.9-54.2)	173	47.1	(36.7-57.6)	191	36.0	(22.7-49.4)	86	30.9*	(8.9-52.9)	26	30.1	(20.2-40.1)	145	36.6	(25.3-47.9)	132	33.1	(20.8-45.4)	114
Offered materials on grief or bereavement	88.2	(76.9-99.6)	150	88.9	(83-94.9)	413	91.1	(86.1-96.1)	426	83.3	(73.6-93)	212	94.5	(86.8-100)	102	83.4	(75.8-90.9)	454	88.6	(81.8-95.5)	358	83.0	(71.8-94.2)	324
Offered photographs of the baby	70.9	(56.4-85.5)	121	70.9	(62.4-79.5)	338	79.5	(71.7-87.4)	372	80.3	(70.1-90.6)	205	83.6	(70.7-96.5)	90	71.6	(62.3-80.8)	398	71.7	(61.3-82)	288	76.2	(64.1-88.2)	293
Offered keepsake items of the baby	94.9	(88.7-100)	161	90.9	(85.3-96.5)	437	94.1	(90-98.2)	442	96.9	(92.5-100)	247	92.5	(83.9-100)	100	83.1	(75.2-91.1)	461	89.5	(82-97.1)	362	86.3	(76.3-96.3)	320
Given information on burial arrangements	83.7	(71.5-95.8)	142	85.5	(79-92)	416	88.3	(82.2-94.4)	420	89.8	(82.3-97.3)	229	92.0	(81.7-100)	99	83.9	(76.7-91.1)	468	92.2	(86.5-97.9)	373	87.8	(79.3-96.3)	337

*Signifies that the estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

¹⁶Question asked: Are you or your husband or partner doing anything now to keep from getting pregnant? Respondents who answered "yes" were coded as "Currently using birth control."

¹⁷Question asked: Are you currently pregnant?

¹⁸Question asked: Did you experience postpartum depression?