

## County of Los Angeles Department of Public Health Pre-Exposure Prophylaxis (PrEP) for HIV Guidelines

### Identifying Persons in Whom to Consider PrEP for HIV

- Public Health recommends that medical providers routinely ask all adolescent and adult patients that present to the Sexual Health Clinics, if they are sexually active or practicing injecting drug use.
- Providers should ensure that all sexually active patients are informed about PrEP.

### Guidelines: PrEP for HIV

**Medical providers should discuss PrEP for HIV with patients who have any of the following risks:**

1. Anal or vaginal sex in the past 6 months; **and**
  - Sexual partner(s) living with HIV (especially if partner has unknown or detectable viral load); **or**
  - Recent bacterial STI; **or**
  - History of inconsistent or no condom use with sexual partner(s).
2. Injecting partner(s) living with HIV; **or** shares drug preparation or injection equipment.
3. Persons experiencing intimate partner violence.

**Medical providers should recommend that patients initiate PrEP for HIV if they meet the following criteria:**

1. Persons in ongoing sexual relationships with an HIV-infected person who is not on antiretroviral therapy (ART) OR is on ART but is not virologically suppressed OR who is within 6 months of initiating ART.
2. Anyone who asks for it, including sexually active adults who do not report behaviors that put them at risk for getting HIV.

As with all medical therapies, patients and their medical providers ultimately need to decide what treatments and preventive measures are best for them. Providers should evaluate patients' knowledge and readiness to initiate PrEP for HIV prior to prescribing it and should counsel and educate patients to facilitate their success taking PrEP for HIV. Medical providers should refer to the updated 2021 national guidelines for information on how to prescribe and monitor persons on PrEP for HIV.<sup>1</sup>

CDC Preexposure Prophylaxis for the Prevention of HIV Infection in the United States, 2021 Update – Clinicians' Quick Guide: <https://www.cdc.gov/hiv/pdf/clinicians/materials/cdc-hiv-FlyerPrEPUpdateProvider508.pdf>

PrEP for HIV is completely covered by Medi-Cal.

California offers a PrEP Assistance program for uninsured or underinsured clients:

[https://www.cdph.ca.gov/Programs/CID/DOA/Pages/OA\\_adap\\_benefits\\_prepAP.aspx](https://www.cdph.ca.gov/Programs/CID/DOA/Pages/OA_adap_benefits_prepAP.aspx)

Manufacturer copayment assistance and medication assistance programs are available. More information is available at:

<https://www.descovy.com/descovy-for-prep-cost>

A list of LA County providers who prescribe PrEP for HIV is available at:

<http://getprepla.com>