



The goal of the West LA Wellness Community is to offer community members a virtual place to connect, find resources, and participate in wellness activities.

The West LA Wellness Community aims to serve individuals and families with free services and linkage to resources designed to promote health, healing, and well-being. All activities are free and open to the community.

Initial Programming and Partners:

Art with Alcott Center for Mental Health Services
LA County Department of Mental Health

Mental Health Trainings with United Mental Health Promoters

Substance Use Education with DPH’s Substance Abuse Prevention and Control Counselors

Coffee Conversations, Parent/Caregiver Support Group with WIN LA



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Questions or want to get involved? Email WestLAWellness@ph.lacounty.gov

