



# ***STOP THE BLEED*** **PRESENTATION**

## ***LEARN A LIFESAVING SKILL!***

Uncontrolled bleeding is the most common cause of preventable death from trauma. Injuries results from a wide variety of causes, including accidents or intentional harm, and in a wide variety of locations, such as your home or workplace. Someone who is severely bleeding can bleed to death in as little as 5 minutes. The greater the number of people who know how to control bleeding in an injured patient, the greater the chances of surviving that injury. You can help save a life by knowing how to stop bleeding if someone is injured!

**MARCH 5TH, 2025 | 3:00 PM - 4:00 PM**

**WHITTIER WELLNESS COMMUNITY**

7643 S. PAINTER AVE.

WHITTIER, CA 90602

**\*Informational presentation no certificates will be given out\***

**For question call us at (562) 775-6104**

Learn more about Stop the Bleed at:

**<https://www.stopthebleed.org/>**