

# Rethink your Drink

Learn the importance of making healthier  
drink choices and how to make infused water!



**Tuesday, March 18th**  
**9:00am- 10:00am**



**Whittier Wellness Community**  
**7643 S Painter Ave**  
**Whittier, CA 90602**



**For Questions (562) 775-6104**

# Reconsidera tu bebida

¡Aprenda la importancia de tomar decisiones de bebida más saludables y cómo preparar agua infusionada!

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