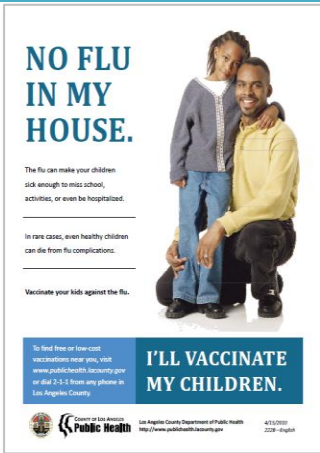


Flu Materials Inventory



This inventory is a collection of educational materials created by and/or utilized by staff within LA County's Department of Public Health. If you'd like to contribute materials to this inventory, please email Susan Srabian at ssrabian@ph.lacounty.gov.



- Flyer (double-sided)
- Targeting general public

English/Spanish

Download from website and available for order (free while supplies last):
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer
- Targeting overweight/obese individuals

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer
- Targeting older adults

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Keep Our Schools Healthy!

Sick Children Cannot Learn and Should Stay at Home.



Coughing

- If your child has these symptoms, keep him or her at home. Provide lots of fluids and plenty of rest.



Fever/Chills

- Some medicines can help your child feel better, but he or she can still spread germs!



Stuffy Nose

- After your child is better, wait 24 hours before sending him or her back to school.



Tiredness/Aches

Los Angeles County Department of Public Health
www.publichealth.lacounty.gov

- Flyer
- Keep Our Schools Healthy


English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>


Keep Our Schools Healthy!

Mantener Nuestras Escuelas Saludables!
Huy Các Trường Trẻ Em Khỏe Mạnh!
保持我們學校的健康!


Sick Children Should Stay at Home
Niños Enfermos Deben de Permanecer en Casa
Họ Trẻ Em Cần Phải Ở Nhà
生病的孩子應該留在家裏




Fever/Chills
Fiebre/Escalofríos
發熱/發冷




Diarrhea
Diarrea
腹瀉




Vomiting
Vómitos
嘔吐



Coughing
Tos
咳嗽



Stuffy Nose
Nariz Congestionada
鼻塞



Tiredness/Aches
Cansancio/Dolor
疲倦/痠痛

- If your child has these symptoms, keep him or her at home. Provide lots of fluids and plenty of rest.
- Some medicines can help your child feel better, but he or she can still spread germs to others.
- After your child is better, wait 24 hours before sending him or her back to school.

Los Angeles County Department of Public Health
www.publichealth.lacounty.gov

- Flyer
- Keep Our Schools Healthy

Multilingual
-English
-Spanish
-Vietnamese
-Chinese

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Protect Your Family from the Flu

What is the Flu?
Influenza (the flu) is a common illness caused by a virus that infects the respiratory tract. Every year in the United States, up to 1 in 5 people get the flu. School-aged children are up to 4 times more likely to be infected with the flu than adults.

How does the flu spread?
The flu is usually spread from person to person through droplets from a sick person's cough or sneeze. It can also spread by touching a surface or an object that has the virus on it (such as a doorknob) and then touching your eyes, nose, or mouth.

What are the signs and symptoms of the flu?

- Cough
- Sore throat
- Runny or stuffy nose
- Headache
- Fatigue
- Loss of appetite
- Stomach pain
- Diarrhea

Some people may also experience fever and stomach problems.

How serious is the flu?
The flu can be very serious, especially for young children and those with chronic illnesses like diabetes, asthma, or heart disease. Every year in Los Angeles County, children are hospitalized and many die because of flu-related complications. Children and adults with the flu may also experience:

- Stomach problems and ear infections
- Worsening of chronic health conditions, such as diabetes, asthma, and heart problems

When should you seek emergency medical care?
Call 911 immediately if your child or child experiences:

- Fatigue lasting or trouble breathing
- Dehydration (not drinking fluids, fewer wet diapers, or no tears when crying)
- Stomach pain
- Stiff neck
- Bluish lips or nail beds
- Seizures
- Stomach pain and vomiting
- Stomach pain or diarrhea
- Stomach pain or vomiting
- Stomach pain or diarrhea

How can the flu be prevented?
The best way to prevent the flu is to get vaccinated every year. Everyone 6 months of age and older should get a flu vaccine to protect against the types of flu that are most likely to spread.

Los Angeles County Department of Public Health
www.publichealth.lacounty.gov

- Flyer
- Protect your family from the flu
- Targeting general public

English
Spanish

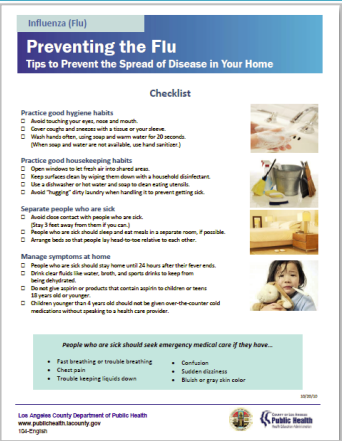
Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer
- Preventing Flu in the Workplace
- Targeting employees

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Checklist
- Preventing the Flu
- Tips to prevent the spread of disease in your home

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer
- Halloween theme

English
Spanish

Download from website:
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

Catch the Holiday Spirit, Not the Flu!

Follow these simple steps to help prevent the flu this holiday season.



The flu vaccine is the best way to protect you and your family from the flu. If you haven't gotten your flu vaccine yet, it's not too late. The flu continues to cause illness, hospitalizations and deaths long into the spring.



Cover coughs and sneezes with a tissue or your sleeve, and avoid touching your eyes, nose, and mouth.



Wash your hands often with soap and warm water. This is especially important before eating.

Remember, even if you got a flu vaccine last season, you should get vaccinated again, since flu vaccines wear off over time and change almost every year.

Los Angeles County Department of Public Health
www.publichealth.lacounty.gov

11/29/11
215-109000



- Flyer
- Holiday theme

English
Spanish

Download from website:

Acute Communicable Disease Control Program

<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

The year is over, but the flu has not gone away.



If you haven't been vaccinated against the flu, it's not too late! Flu continues to cause illness, hospitalizations and deaths long into the spring.

Remember, even if you got a flu vaccine last season, you should get vaccinated again, since flu vaccines wear off over time and change almost every year.

Make it a resolution in your family to get vaccinated every year.

If you don't have a regular health care provider, call 2-1-1 or visit www.publichealth.lacounty.gov to find free or low-cost vaccinations near you.

Los Angeles County Department of Public Health
www.publichealth.lacounty.gov

11/29/11
215-109000



- Flyer
- New Year theme

English
Spanish

Download from website:

Acute Communicable Disease Control Program

<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



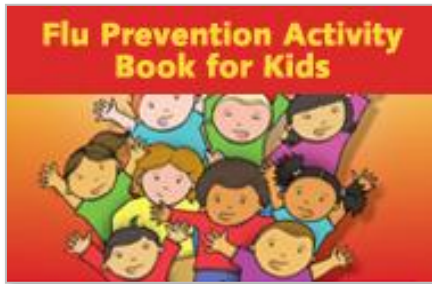
- Sticker
- No flu
- Flu fighter

English

Download from website and available for order (free while supplies last):

Acute Communicable Disease Control Program

<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Activity Book
- Flu prevention for kids

English (Age 7-9)
 English (Age 10-12)
 Spanish (Age 7-9)
 Spanish (Age 10-12)

Contact program:

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdH1N1.htm>



- Poster (double-sided)
- Targeting community

English/Spanish

Download from website and available for order (free while supplies last):

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer (double-sided)
- Targeting pregnant women

English/Spanish

Download from website and available for order (free while supplies last):

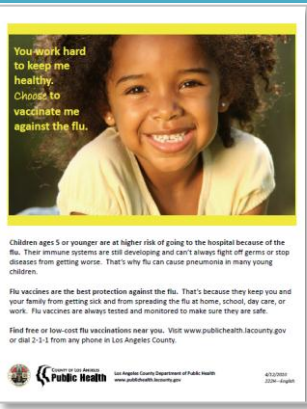
Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer (double-sided)
- Targeting seniors

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer (double-sided)
- Targeting parents

English/Spanish

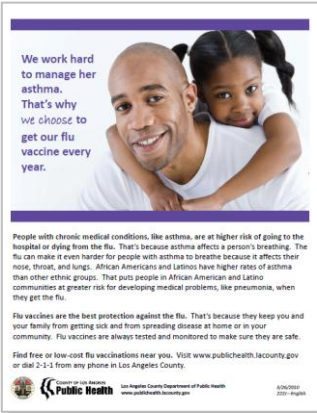
Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer (double-sided)
- Targeting adults with diabetes

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Flyer (double-sided)
- Targeting families

English/Spanish

Download from website and available for order (free while supplies last):

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

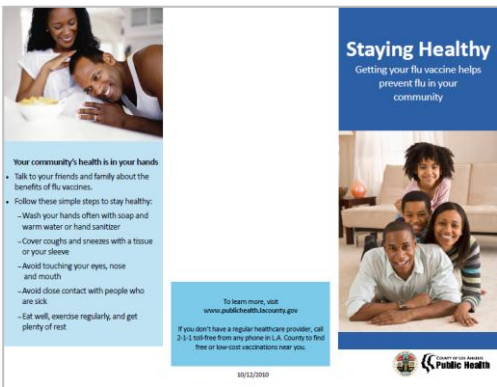


- Flyer (double-sided)
- Targeting pregnant women

English/Spanish

Download from website and available for order (free while supplies last):

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Tri-fold brochure
- Staying Healthy and Preventing Flu in your Community

English Spanish

Download from website:

Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Bookmark (double-sided English/Other Language)
- Flu prevention tips

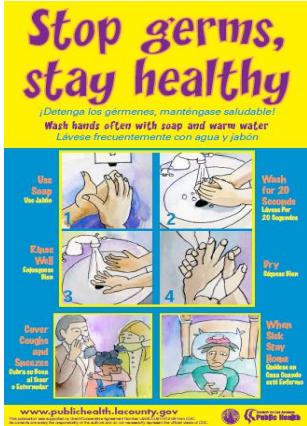
Arabic
 Armenian
 Chinese
 English
 Farsi
 Khmer
 Korean
 Russian
 Spanish
 Tagalog
 Thai
 Vietnamese

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>

- Ruler (double-sided)

English/Spanish

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEdFlu.htm>



- Poster (double-sided English/Other Language)

Arabic
 Armenian
 Chinese
 English
 Farsi
 Khmer
 Korean
 Russian
 Vietnamese
 Spanish
 Tagalog
 Thai

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/respiratoryhygiene.htm>



- Stickers
- Static Cling-Ons

English (includes translations into multiple languages)

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/respiratoryhygiene.htm>



- Stickers

English

Download from website and available for order (free while supplies last):
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/respiratoryhygiene.htm>



- Cling-on and Poster

Cling-on
 English
 Spanish

Poster
 Arabic
 Armenian
 Chinese
 English
 Farsi
 Khmer
 Korean
 Russian
 Spanish
 Tagalog
 Thai
 Vietnamese

Download from website:
 Acute Communicable Disease Control Program
<http://publichealth.lacounty.gov/acd/HealthEd.htm>



- Cling-on

Chinese
English
Japanese
Korean
Spanish
Tagalog
Vietnamese

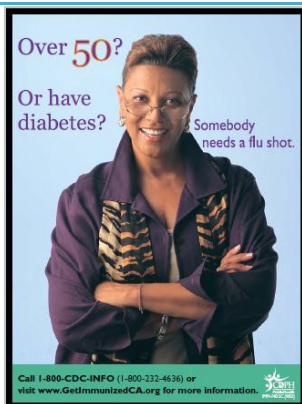
Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov



- Cling-on
- Focuses on importance of covering coughs and washing hands

Asian Languages
English
Spanish

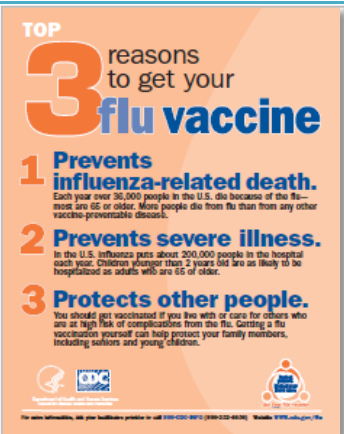
Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov



- Static Cling Flyer
- Targeting older adults

English

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov



- Poster
- For general public

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov



- Flyer
- Targeting pregnant women

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov



- Flyer
- Targeting pregnant women, people living with babies, and anyone who takes care of babies

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujimoto@ph.lacounty.gov



- Static Cling Flyer
- Latina 50+ Flu Campaign

Spanish

Contact program:
 Immunization Program
 Gary Fujimoto
 213-351-7491
gfujiimoto@ph.lacounty.gov



- Flyer
- Targeting healthcare workers

English

Contact program:
 Immunization Program
 Gary Fujimoto
 213-351-7491
gfujiimoto@ph.lacounty.gov



- Flyer
- While we can't predict...We can prepare!
- Targeting Community

Arabic
 Armenian
 Chinese
 English
 Farsi
 Khmer
 Korean
 Spanish
 Russian
 Tagalog
 Thai
 Vietnamese

Download from website:
 Acute Communicable Disease Control Program
<http://www.publichealth.lacounty.gov/acd/HealthEd.htm>



- Flyer
- Targeting child care providers

English
Spanish

Contact program:
 Immunization Program
 Gary Fujimoto
 213-351-7491
gfujiimoto@ph.lacounty.gov



- Flyer
- General Prevention
- Encourages vaccination, hand washing and other respiratory disease prevention practices

English

Contact program:
 Immunization Program
 Gary Fujimoto
 213-351-7491
gfujiimoto@ph.lacounty.gov

Guess who needs a Flu Shot?



Children and young adults age 6 months to 18 years old are recommended to get a flu vaccine every year. Ask us about getting one today.

Todos los niños y adultos jóvenes entre 6 meses y 18 años de edad necesitan vacunarse contra la influenza (la gripe) todos los años. ¡Pregúntenos sobre la vacuna hoy mismo!

HW12.5.08

- Static Cling Flyer
- Targeting parents to get their children vaccinated

English
Spanish

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov



- Brochure
- Pandemic flu
- Protect yourself from flu and pandemic flu

English

Contact program:
Immunization Program
Gary Fujimoto
213-351-7491
gfujiimoto@ph.lacounty.gov

The 2011-2012 Flu Season:

Protecting our Children
from Influenza



School Name
Name of Presenter
Presentation Date

- Flu Vaccination Toolkit for Schools
- Includes templates for parent and student newsletter articles, parent letters, and a web alert, as well as a flyer and a customizable Powerpoint slideset

English
Spanish

Download from website:
Immunization Program
<http://www.ph.lacounty.gov/ip/school/FluToolKitOverview.htm>



**Online Preparedness Training Program
for Schools and Communities**

The Online Training Program for Schools and Communities is a free website that contains brief, informative and entertaining interactive classes and corresponding videos on several subjects related to flu including: basic information on flu, tips for flu prevention in childcare centers, and dispelling myths about flu vaccination. This site is a great resource for school administrators, parent meetings and classes.

English

For more information, please visit: www.laschoolhealth.com